

**ROBIN M. STUART, MS, LMFT**  
Dynamic Life Counseling and Consulting  
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## Experience

Jan 2018 to Present

**Coaching and Consulting, International clientele.**  
**Private Practice Therapist** (Details follow on Page Two.)  
[www.DynamicLifeCounseling.com](http://www.DynamicLifeCounseling.com);

Jun 2012 to Dec 2018

**CEO and Executive Director of CHI Recovery, Inc., Sebastopol, CA**  
[www.chirecovery.com](http://www.chirecovery.com)

- ◆ Conceptualize, design and implement a first-of-its-kind, holistic, integrative, medically-supervised and evidence-based outpatient treatment program for the treatment of Substance Abuse Disorder (SUD) and dual diagnosis, branding the organization CHI Recovery.
- ◆ Direct the policies, objectives and initiatives of company.
- ◆ Presides over Board of Directors.
- ◆ Responsible for the short- and long-term profitability and growth of the company.
- ◆ Approve work procedures and standards for all Provider offices to ensure consistent implementation, interfacing, and enforcement of policies and mission statement.
- ◆ Represents the organization to stakeholders, the industry, and the public.
- ◆ Demonstrates expertise in a variety of the field's concepts, practices, and procedures.
- ◆ Relies on extensive experience and judgment to plan and accomplish goals.
- ◆ Leads and directs the work of all Directors, directly managing leadership in all activities.
- ◆ Received certification as a Detox Partial Hospitalization Program and Intensive Outpatient Treatment facility, certified by the Department of Health Care Services by the State of California.
- ◆ Establishes employee policies, operating procedures and practices, for the practice of State certification standards, set by the Department of Health Care Services.
- ◆ Creates and fosters strong national and local partners and affiliate relationships with impressive advisory members.
- ◆ Drives public service opportunities, expanding public and private partnerships which build on improved education and access to affordable addiction recovery healthcare.
- ◆ Administers both the non-profit and for-profit sectors of interest.
- ◆ Due to the small nature of the company, also performs all tasks of the Program Manager, including top level clinical care and treatment authorizations.

### **Special Acknowledgements about CHI Recovery:**

2014: CHI Recovery named "Best in Treatment, 2014" by Psychology Today.

2015: CHI Recovery produced a professional conference on "The Foundations of Evidence-Based Care" in Windsor, California, Sonoma County, which was attended by approximately 100 SUD-related specialists and career professionals. The Keynote Speaker was Dr. Jeffrey Wilkins, Professor at Stanford University and drafter of the Obama Administration's healthcare spending on Substance Abuse and AIDS. I also presented.

2016: CHI Recovery was approached by Dr. James Sorenson, renowned addiction researcher at UCSF and the Division Director of the Division of Substance Abuse and Addiction Medicine, located at Zuckerberg San Francisco General Hospital. He requested and then co-conducted with Dr. Jasmin Llamas of Santa Clara University, an evaluation of our unique program model. The their findings were very favorable.

2017: CHI Recovery received State Certification as an Outpatient Detox, Partial Hospitalization (PHP) and Intensive Outpatient Program (IOP) by the Department of Healthcare Services.

Also, in 2017, our unique program model was presented at The American Psychological Association Conference in Washington DC. by Dr. James Sorenson, titled: "Provision of Care in a Hub-and-Spoke Outpatient Treatment Model".

## PRACTICE DETAILS

### Licensure to present

#### Marriage and Family Therapist, Private Practice, Sebastopol, CA 95472

#### **Dynamic Life Counseling and Consulting**

(1/1992 - June 2005: Previously in both counties of San Francisco and Sonoma)

- ◆ **Specialized** client load includes, but not limited to: high-conflict or disengaged couples, family breakdowns and dysfunction, multigenerational and alternative families, high-conflict couples, adults abused as children, addictive disorders and co-dependency, sexual abuse, physical and emotional trauma, court engaged cases, adolescents and young adults.
- ◆ **Additional Certifications** in Family Systems Therapy, Group Facilitation, Somatic Release, Transpersonal Psychotherapy and Cognitive Behavioral Therapy. Preferred treatment modality is "brief therapy" with a coaching approach which is highly directive, working with targeted goals and monitored contracts
- ◆ **Holistic, Integrative Healthcare Treatment Planning:** Unique private practice history serving dual diagnosis cases by providing psychosocial assessment testing, early working diagnosis, and collaborative care treatment planning.
- ◆ **Group Therapy:** Over twenty years facilitating groups averaging 8-12 participants per group, covering foundations of understanding addiction, co-dependency, childhood trauma, marital discord, depression, sexual orientation, men's issues, women's issues, and core identity.
- ◆ **Culturally Sensitive:** Specifically, adept at working with diverse populations with direct experience serving Hispanic, African-American, Asian/Island Pacific and LGBTQI members.
- ◆ **Training Presenter:** Conducted trainings for BAR Associations, Victim's Witness, Parent's Place, S.F. Rape Crisis, Isla Mujeres, The Women's Building and Women's Crisis Management Center, S.F.. Youth at Risk Program, among others; Consultant to S. F. Rape Crisis Center, and various other Parenting and Family Support Centers.
- ◆ **Court Appointed Referral Therapist** for Victim Witness and for the San Francisco Superior Court System and the County of San Francisco Social Services Department, specifically in relationship to drug rehabilitation, domestic violence, disruptive juveniles and domestic batterers. Extensive experience with court mandated treatment and evaluation, implementing treatment schedules, reporting, crisis management and care, comprehensive treatment plans, suicide watch, witness protection and cooperative psych team service care, and informal psychological evaluations.
- ◆ **Previously has Guest lectured** at Stanford, San Francisco State University, San Jose State University, Santa Clara University, Sonoma State University and several community colleges.

Jan. 2003 -  
Dec. 2003

#### Sonoma County, Sebastopol, CA

**C.E.O. of CHI: Conscious Healing Innovations, Inc.,** Continuing Education Provider and Staff Educator; certified provider of continuing educational contact hours for Marriage & Family Therapists, Social Workers, Nurses, Acupuncturists, Psychologists, and Certified Alcohol & Drug Abuse Counselors.

## Development & Directorships

- ◆ Developer and Founder of CHI Recovery, Inc.
- ◆ CEO, Actual Assets, an investment firm, 5 years
- ◆ Director of Clinical Care, CHI Recovery, 6 years
- ◆ Director of San Jose State University's Women's Center for 3 years
- ◆ Director of Women's Week, 2 years
- ◆ Director of Non-Profit Rape Counseling Centers in San Jose and in San Francisco
- ◆ Director of Recreation at Job Corp, San Jose
- ◆ Director of the "At Risk Youths" summer program in San Francisco, CA
- ◆ Producer, Professional Conference, Foundations of Evidence-Based Care: Advancements in Addiction Treatment; The Agatha Furth Center, March, 2015.
- ◆ Founder and Director of Encore Productions

## Recent Speaking Engagements

- ◆ "National Recommendations: "So Really, What is Evidence-Based Care?" Professional Conference, Foundations of Evidence-Based Care: Advancements in Addiction Treatment; The Agatha Furth Center, March, 2015.
- ◆ Same Subject, Women's Association for Addiction Treatment: Marin County Chapter, WAAT, 2014
- ◆ Napa Unified School District, "Treating Youth for Substance Abuse Disorder (SUD)"
- ◆ Napa Bar Association: "Evidenced-Based Treatment Interfacing with Judicial Outcomes"

## EDUCATION AND LICENSURE

- Sept.1992**                      Awarded California Board of Behavioral Sciences License: MFT29894  
Sacramento County, Sacramento, CA
- June 1987**                      Awarded MS Degree in Education, Marriage & Family Counseling Emphasis, San Francisco State University, San Francisco, CA. Awarded Distinguished Student Award by Department.  
Dean's Honor's List, all years
- June 1984**                      Awarded BS Degree in Women's Studies, Minor in Theater Arts, San Jose State University  
Bestowed with the Distinguished Student Award, San Jose State University, June 1984  
Awarded the National Women's Studies Assoc. Scholarship for Exceptional Contribution  
Dean's Honor List, all years

## Certifications and Additional Training

- ◆ Somatic Release, 1500 hours
- ◆ Cognitive Behavioral Therapy, 300 hours
- ◆ Transpersonal Therapy, 600 hrs.
- ◆ Incest treatment specific, 50 hours
- ◆ Addiction Disorders 230 hrs.
- ◆ Sonoma County BAR Association, Court-Involved Therapists Training, 1st year completed, 2014; Dana Schneider, Instructor